

JULY 2024

The dance CALENDAR

Connecting the Dance Community ... One Step at a Time!

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www.TheDanceCalendar.com

Please call advertisers ahead to confirm dates,
times and locations. Sometimes wrong information
will appear and events may be canceled or rescheduled.



SWING DANCE LONG ISLAND

TUESDAY NIGHTS



BAND NIGHT WITH PLAYING FAVORITES
SWING LESSON & SOCIAL DANCING
JULY 16

BAND NIGHT WITH NICK PALUMBO & THE FLIPPED FEDORAS
SWING LESSON & SOCIAL DANCING
JULY 30

PIZZA NIGHT
LESSON, DJ & SOCIAL DANCING
JULY 2

ELLEN MCCREERY
WEST COAST SWING LESSON, DJ & SOCIAL DANCING
JULY 9

CAROL FRASER
DROP IN LESSON, DJ & SOCIAL DANCING
JULY 23

An enjoyable evening of social swing dancing starting with Swing fundamentals lesson 7:30PM to get you on the floor. DJ and social dancing 8PM-10PM. Singles & beginners welcome. No partner necessary. \$15 DJ nights, \$20 band nights. Discounts for students & members.

HUNTINGTON MOOSE LODGE
631 PULASKI ROAD, GREENLAWN, NY 631-757-2777
631-476-3707 | INFO@SDLI.ORG | WWW.SDLI.ORG

Argentine Tango Lovers

MONTHLY MILONGA

Please Join us at Mirelle's
170 Post Ave. Westbury, NY

Sunday, July 28
7:30-11:00pm

Taxi Dancers Available:
Eran Polat, Norman Himestroza,
Iakov Shonsky & Martin Almiron!
Please call ahead to secure:
631-495-1435

Monthly Milonga Admission:
\$35 Per Person

Questions? Sherry:
631-242-0686 or
(cell) 631-495-1435

With DJ Marcelo Mesa and Performers...
Carolina Jaurena & Andres Bravo

Learn Argentine Tango from Martin Almiron, Iakov Shonsky & Eran Polat!
(On alternating Tuesdays). \$25 with buffet dinner.
For info on Tuesdays at Mirelle's call Sherry (631) 495-1435 or Carmen (631) 266-3691

CELEBRATING 24 YEARS OF ARGENTINE TANGO!... COMMITTED TO MAKING YOU A TANGO DANCER!
FOR MORE INFO: WWW.ARGENTINETANGOLOVERS.ORG

FREE LATIN DANCE CLASS



LITTLE MEXICO
3253 Horseblock Rd.
Medford, NY 11763
Purchase from restaurant strongly suggested.

Thursdays
July 11, 18 & 25
at 7:30pm
(No Class on July 4th)

Instructed by Michelle Vicale
Info: www.latinballroomlessons.com

PRIVATE DANCE LESSONS


Rosalie Keane

Individual instruction in American and International styles of Ballroom and Latin including Bachata and Salsa and Country Two Step & West Coast Swing. Instruction also available for your wedding day special dance.

350 Higbie Lane, West Islip, NY
631-987-8924
rubarose@icloud.com

ULTIMATE BALLROOM & LATIN DANCING

Come Dance with DJ Gene & Joanne



Club Brumidi 2075 Deer Park Ave. Deer Park, NY
\$20PP Adm inc. complimentary dinner buffet, coffee & tea, fresh bakery desserts, cash bar & door prizes.

Every Wednesday in July 6PM-10PM
and Friday, July 12th 7PM 10:30PM

Complementary Dance Lesson with Rosalie Keane on Wednesday, July 3rd and Friday July 12th

For information call Gene & Joanne: 516-991-3208

CLUB BRUMIDI PRESENTS

☆☆★ 2075 Deer Park Ave. Deer Park, NY 11729 ★☆☆

Long Island's Dancing Hot Spot with the Largest Dance Floor! State of the Art Sound System & Lighting, we're your destination for ...

Social Dance Mixes

Complimentary Dinner Buffet, Coffee & Tea, Fresh Bakery Desserts, Cash Bar & Door Prizes on Wednesdays & Fridays!
For Reservations please call 516-991-3208

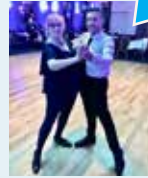
Friday, July 12th
7PM-10:30PM

Adm: \$20pp. Complementary Lesson with Rosalie Keane

Every Wednesday in July
6PM-10PM

Adm: \$20pp. Enjoy an Evening of Ballroom & Latin Dancing to a great music mix!

Exceptional Music by DJ Gene & Joanne



Complementary Dance Lesson with Rosalie Keane
Wed, July 3 and Fri. July 12



The Long Island Legends Dinner Show

Saturday July 20th
7PM-11:00PM

\$50 Per Person includes: Show, dancing, hot dinner buffet, beer, wine and soda. Cash bar. Raffles!! RSVP by July 15.

Contact Karen: 631-943-3622

Dance With Lourdes Cruz

Group Dance Lessons
Mondays July 1, 8, 15 & 22
(No class July 29)

6:45pm Latin Mix Basics & Intermediate

7:45pm West Coast Swing Basics and Intermediate

Private Lessons Available

Text/call Lourdes: 845-977-3482



Saturday, August 10th
6:30PM-10:30PM

Grab your Hawaiian Shirt & Grass Skirt
\$45pp. Hawaiian Style Buffet Dinner, Beer, Wine & Soda Included. Tiki Cash Bar. Brumidi's Famous Hawaiian Entertainment. Raffles & much more Summer Fun.

DJ Gene & Joanne spinning in the Music Hut

For Tickets and More Details:
Angela 631.304.6499 or Marianne 631.239.5036
Event Chairpersons:
Daniel 631.682.3568 and Rhea 631.553.2186

BRUMIDI CATERING



Brumidi Catering Co. Inc. offers On-site Full Service, Off-Premise (drop off) & Full Service Event Planning as well as Hall Rentals
Banquet Manager: Tara 631.338.6357 • brumidicatering.com

631-940-2006 • www.sonsofitalyLI.com • www.facebook.com/Brumidilodge • Central LI Location • Easy Access & Huge Parking Lot



Dance

with **Lourdes Cruz**

DANCE PARTIES & SOCIALS!

Club Brumidi
2075 Deer Park Avenue
Deer Park, NY 11729

Spotlight Ballroom
245-24 Horace Harding Expressway
Little Neck, NY 11362

No Friday dance in July

7pm Doors Open. 7:30pm

Mini Lesson

7:50-10:30pm Dancing with DJ Gene & Joanne and Lourdes. Dance Hosts for the evening: Daniel & Mario.

\$20pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar

No Saturday dance in July

Ballroom (Smooth & Rhythm), West Coast Swing, Argentine Tango & more with DJ & Hosts Lourdes, Mario & Ian. All levels, singles & couples welcome!
7pm: Bachata Lesson with Ian & Lourdes. 8-11pm:

Dancing with DJ Ian & Lourdes. Dance Hosts for the evening: Ian, Mario, Lourdes & Daniel. \$25pp includes Complimentary. Light Refreshments for your enjoyment/welcome to bring your own. Parking in back of building.

For Dance Event Information text/call Lourdes: 845-977-3482

Email: lourdes@divaballroomdancing.com

For weather cancellations & class updates see us at: divaballroomdancing.com. Private Lessons available by appointment

GROUP CLASSES

The DancXchange Dance Studio 290 Broad Hollow Rd, Melville NY 11747
(Bank of America Building) lower level, Suite LL150E. Take stairs down to atrium level next to service desk - follow signs to the studio

Sundays (No class 14th & 28th)

3pm Argentine Tango / 4pm West Coast Swing / 5pm Bachata
\$20pp Drop In. Please text/call to RSVP - All levels welcome

Spotlight Studio 245-24 Horace Harding Exwy Little Neck, NY

Mondays **Every Tuesday** **Thursdays (No class 4th & 25th)**
(No class 29th) 10am Bachata 7/4 classes move to Friday 7/5 same time/place

10am Salsa 11am West 11am Arg. Tango
11am Arg. Tango Coast Swing 5pm Beg Hustle/WCS

Brumidi Lodge 2075 Deer Park Ave, Deer Park, NY

Monday in July (No class 29th)

6:45pm Latin Mix Basics & Intermediate
7:45pm West Coast Swing Basics & Intermediate

34 Year Dance! **SOCIETY TEMPO DANCE**

Merrick Golf Course Dansant
2550 Clubhouse Rd. (M9E Meadowbrook Pkwy) Merrick, NY

WELCOME TO OUR JULY SIZZLING DANSANTS!

Wednesdays, July 10th, and July 31st 1:30 - 4:30PM
Friday, July 19th 12:45 - 3:45PM

\$10 don. Bring your friends or make new ones! Singles and couples welcome! Enjoy bagels, variety of cream cheese, cake, coffee & tea. Largest hardwood Ballroom dance floor on Long Island. Strict tempo music. Bring your partner or students. All past & present dances played in classic ballroom dancing music & popular line. Instructors, Trainees & Hosts Needed! Private Lessons Available. Free Parking. **Absolutely NO WALK INS.** **MUST RESERVE 1 week prior to dance. Leave name, phone, email and names of people attending.**

Must make a reservation: 718 332-7825 or email dancezee@aol.com

A Night of Social Dancing

Friday Nights *With Music by DJ Scott*
July 5th & July 19th

7pm-11pm ... From ballroom to rock 'n roll, there's something for everyone, a night of real fun!
(Held on the first & third Friday every month) \$15pp includes coffee & desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 & giveaways!
IN CASE OF INCLEMENT WEATHER, PLEASE CALL/TEXT DAY OF DANCE TO CONFIRM: 631-513-1055

For info call Louise at 631-277-7774 or 631-513-1055(cell)
Knights of Columbus, Hall 38 W. 1st Street, Patchogue NY
(Off Waverly Ave. across from 5th precinct)

Swing DANCE NIGHT

LIVE MUSIC BY THE HAYMAKERS

Wednesday Nights
July 17th and 31st

Lesson 7-8pm (\$15) Live Music and Open Dance floor 8:30pm-11:30pm (\$5)

344 NEW YORK AVE. HUNTINGTON, NY 11743
INFO@INDUSTRYMAKERS.ART | WWW.INDUSTRYMAKERS.ART

The dance CALENDAR

www.TheDanceCalendar.com

Please call advertisers ahead to confirm dates, times and locations. Sometimes wrong information will appear and events may be canceled or rescheduled.

Ballroom Dance Socials

at The Waterfalls Ballroom

400 Cassata Road Lake Ronkonkoma, NY 11779

Saturday, July 13th

7PM-11PM

&

Saturday, July 27th

7PM-11PM



\$20PP includes coffee, tea, desserts and raffles!

Reservations suggested

Single & couples welcome!

Call or email Valerie for info: 631-581-8509 or 631-487-3203 • valmdance@yahoo.com

DANCE WITH DJ PEDRO

Social Ballroom Mix!

Wednesdays July 3, 17 & 31
7pm-11pm



Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served.

Spotlight Ballroom
245-24 Horace Harding Expy.
Little Neck, NY 11362
DJ Pedro for info: 718-640-8216



In Step With The Editor

Loren Finkelstein



Thomas Edison said as he was inventing the lightbulb: "I have not failed. I've just found 10,000 ways that won't work," and "I am not discouraged, because every wrong attempt discarded is another step forward." I started taking dance lessons several years ago. Eager to learn, I struggled with foot placement, turns and arm styling. The rhythm was there but I was always overthinking the steps. A trick that helped during those lessons was closing my eyes and feeling the moves instead of thinking about them. Each failed attempt at dance has only helped me improve. I encourage you to keep failing along your dance journey. Find what works for you and keep stepping, spinning and shuffling forward.

Whether you enjoy Salsa, Hustle, Cha Cha or Swing, you'll find plenty of Ballroom & Latin dance socials and group classes at all levels listed in the July issue. As always, please call advertisers ahead to confirm dates, times and locations as wrong information may appear and events may be canceled or rescheduled. If you'd like to become a contributing writer for The Dance Calendar, please contact me at info@TheDanceCalendar.com.

Be sure to join the Dance Calendar's growing Facebook Group community to discover more events around Long Island, Queens and NYC: www.facebook.com/groups/thedancecalendar

Happy Dancing!
Loren

Dance With Me

SUNDAY NIGHTS DANCE

34 Wonderful Years
of Dancing!



Sunday, July 14th

Music by DJ Andrew

4:30pm-5pm Line dance with David
5pm-9pm Dance

\$25PP Admission includes Complimentary
Hot & Cold Buffet, Dessert & Coffee.
Raffle & Door Prizes!!



For more information please call Nancy 516-587-4330

Held at Hollis Hills Jewish Center - 210-10 Union Turnpike, Hollis Hills, NY 11364

Back Leading

By Richard Fiore

(Licentiate, (LAB, LAR, T) Imperial Society of Teachers of Dancing)

Email Richard at: rf1111@yahoo.com



Back leading in partner dancing describes an action that takes place when the follower leads herself through the dance independent of the leader's efforts to lead. In essence, she is said to have hijacked the lead. This practice almost always has unfavorable results on the dance floor. It is thought by many to be one of the biggest challenges in partner dancing. There are various reasons why this may happen such as the follower possessing a higher degree of experience and feeling more confident than her partner. The foundation of partner dancing is built on effective lead and follow interactions. This article highlights various characteristics of back leading, probable causes and proposed remedies.

Both leader and follower have clearly defined roles. When these roles are implemented correctly, partner dancing feels natural and becomes more enjoyable. Back leading can manifest in several ways. In the most extreme instance, the follower completely takes over the lead. This means that the follower assumes the role of leader for the most part. When this occurs, it creates an especially challenging situation for the leader. The leader is overstepped by the follower and is thereby alienated from his primary role in the dance partnership. This scenario can create a tug of war between partners that can easily result in an unpleasant dance experience. There is nothing in partner dancing that is more disruptive than both partners trying to take control of the lead. Another manifestation of back leading is experienced when the follower conveys sudden resistance to the lead during certain movements. This may happen when the follower is uncomfortable with a particular movement or set of movements being led. Back leading may even take a more subtle form especially when the dance hold is opened. For example, a common occurrence of this is seen as the follower leads herself through an underarm turn in advance of the actual lead.

There are several views on why back leading occurs. For example, a couple may be learning a dance routine together in a group lesson environment. As they both progress in their individual experiences, it is common for one partner to be further along in the routine than the other. Therefore, this partner possesses a greater ability to incorporate more finely coordinated step patterns appropriate to the routine at hand. If the follower has this advantage, she may be more inclined to back lead, especially if the leader is giving her vague signals. Accordingly, her inclination to back lead is more likely as she may not feel secure with her partner's lead. Poor lead technique always creates a situation that can easily encourage the follower to take control. In many instances, the leader's lack of confidence or weak dance hold may prompt the follower to take the lead. At times this can escalate to the point where the follower may become reluctant to give up the lead as her back leading becomes a reinforced behavior. These are just some of the common back-lead scenarios that can occur.

At face value, the lady is almost always held responsible for back leading. However, correcting back leading behavior actually takes the discipline of both leader and follower. Both partners have to develop strengths in their individual roles. Here are some suggestions that may help to break the back-leading habit.

Communication: Clear decisive communication is essential in ballroom dancing. If you notice the follower taking control, gently communicate with them about maintaining the traditional lead-follow dynamic. This can be done respectfully during practice or after the dance.



Lead with Confidence: As the lead, it's important to assert your lead with confidence. Practice clear signals and cues to guide your partner through the dance. Confidence in your leading can help prevent back leading tendencies in the follower.

Work on Lead Technique: Improving your lead technique can help establish a stronger connection with your partner. Focus on maintaining proper posture and frame. This will naturally enhance leading with clarity and precision.

Trust and Relaxation: Both partners should trust each other and relax in their respective roles. The follower should trust the leader to guide them, while the leader should trust the follower to respond appropriately. Relaxation in the arms and body can facilitate better communication and connection between partners.

Practice Active Nonverbal Listening: Active nonverbal listening involves being attentive and responsive to your partner's movements and signals. As the follower, pay closer attention to the leader's signals. As the leader, be receptive to your partner's feedback and adjust your lead accordingly.

Seek Guidance: If back leading persists despite your efforts, consider seeking guidance from a qualified dance instructor. They can observe your dancing dynamics and provide personalized feedback and drills to address the issue.

Approach the situation with a positive attitude and a willingness to learn and improve. Remember that dancing is a partnership, and that both partners play a crucial role in creating a harmonious dance experience. By addressing back leading with open communication, improved technique, and a positive mindset, you can create a more balanced and enjoyable dance partnership.

It is all too easy for partners to blame each other for the difficulties that ensue from back leading. I have seen this many times, especially in group lessons. Lead and follow takes cooperative effort from both partners. Each one needs to become more proficient in their role. Lead and follow are conjugate roles that require both partners to provide complimentary responses to each other. This is a shared responsibility. The ultimate goal is to make partner dancing an enjoyable experience.

Ballroom Dancing at Adelphi University

*Professional
Studio with wood
floor & mirrors!*



*Refine your skills in the most
popular ballroom dances!
Best practice syllabus
based techniques.*

**Join us at Adelphi University Garden City, NY Campus
for an Amazing 11 week Dance Class**

Get ready for Fall Classes!

Description: This class offers an opportunity to gain experience in social / ballroom dancing. It is an excellent choice for those looking to develop fundamental dance skills as well as building on previous experience. The instructor will break down all dance figures and combine them to form amalgamated routines. Best practice syllabus-based techniques in timing, feet positions, alignment, footwork, and lead and follow will be demonstrated. This class is suitable for first time dancers as well as those with previous experience. It is designed to build confidence and enhance social enjoyment on the dance floor. Social dancing gives you a more positive outlook on life!

Enrollment with a partner is recommended; however, singles are welcome. Participants should wear comfortable clothes and leather bottom shoes or dance shoes. Sneakers or rubber bottom shoes are not recommended.

Candidate Dances: Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bolero, Tango & Meringue

Dates: Fridays, September 13, 20 & 27, October 4, 11, 18 & 25, and November 1, 8, 15 & 22

Instructor: Richard Fiore – Dual Licentiate, Imperial Society of Teachers of Dancing

Location: Adelphi University, One South Ave., Garden City, NY 11530 - Woodruff Hall Dance Studio

To Register: \$125/person for general admission. **Registration with a partner is recommended.** Call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu



With Donna DeSimone Dance

Register Today! All group classes are pay as you go \$20pp. Contact Donna to register for all classes. Not too late to register or schedule a private lesson!



Greenlawn Moose Lodge
631 Pulaski Rd., Greenlawn, NY 11740

FRIDAY, JULY 26

Doors open for student practice at 6:45pm. Free lesson 7:15-8pm.
Open dancing 8-11pm. Hustle, WCS, Country Two Step, Latin & Smooth. Masks are optional not required. Can not bring drinks into hall, bar. You can not bring your own food & snacks.
Table reservations for 6 to 10 people. \$20pp cash at the door.
Held every 4th Friday of the month.

The DancXchange Dance Studio Summer Schedule

290 Broad Hollow Rd., Suite LL150E, Atrium Level Melville, NY 11747
(Located in the blue Bank of America building at the northwest intersection of the Long Island Expressway exit 49N & Route 110)

MONDAYS

JULY 1, 8, 15, 22, 29

7:30-8:30pm: Slow
Intermediate Hustle

TUESDAYS

JULY 2, 9, 16, 23, 30

7pm-8pm: Advanced Hustle
8:15pm-9:15pm: Country
Two Step (Open Level)

WEDNESDAYS

JULY 3, 10, 17, 24, 31

7:15pm-8:15pm: Intermediate Hustle
8:15pm-9:15pm: Intermediate WC Swing

THURSDAYS

JULY (NO CLASS 4) 11, 18, 25

7:15pm-8:15pm: Adv/Beginner Hustle

Donna's cell: 516.375.8498 • Email: dancxchange@yahoo.com • Web: www.donnadesimone.us

Barney & Debbie's Dance Obsession

Call today for a complimentary lesson!

(516) 753-2121

Open Monday - Saturday for Private Lessons
18 Hempstead Tpke. Farmingdale, NY 11735

www.DanceObsession.com
 Dance Obsession Ballroom Studio
 Dance Obsession Ballroom Studio



MONDAY NIGHT MADNESS 5 Week Course - Start date July 1st

\$75PP per class for 4 week session*. \$20 for drop in class.
6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances
6:45PM Advanced Solo Work in all dances
7:30PM Couples Group - SMOOTH (W, T, F)

TUESDAY NIGHT BEGINNER'S FUN GROUP CLASS 5 Week Course - Start date July 2nd at 7PM

\$75 per person, per class for 4 week session. Class fills up quickly. All levels welcomed!
7PM Social Bronze Level working on School Figures 1-3 in all dances & Ballroom Line Dances
*Mon/Tue Classes MUST Pre-Register & Pre-Pay for \$75 rate before session! Drop in Class - \$20

FRIDAY NIGHTS AT DANCE OBESSION!

Friday, July 12th

Dance of the Month
Group is Salsa

Group starts at 7pm
Group class only: \$15PP
Party: \$20PP
Group and Party: \$30PP



Friday, June 26th HAWAIIAN LUAU!

SALSA group at 7PM - \$15PP
8pm-10pm - \$25PP in advance,
\$30 at the door. Dress Festive!!
Sodas, Bottled Water, Chips, Punch,
Appetizers, Light Fare, Coffee &
Dessert. Take Group & Party - \$35PP



COME BACK IN TIME WITH THE SOUNDS OF DJ RAY

Massapequa Elks Lodge - 2162 Veterans Blvd. Massapequa, NY
For information or to make a reservation call DJ Ray at 516.385.1720

A great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, West Coast Swing and a touch of Latin too!

**EVERY
FRIDAY NIGHT
IN JULY**
Singles & Couples
Welcome!

**Dance
8pm-12am**
Doors open 7:45pm
Newly Refinished
Dance Floor!!

**Oldies
Night**

\$25 Adm includes: Open Bar, Bagels & Desserts, 50/50 & Door Prizes Coffee & Tea. Large on premises parking. Please, NO \$100 bills, thank you. Proper attire please - no sandals, no jeans. Singles & couples welcome! Walk-ins welcome! Reservations required for 8 or more. Table will be held for up to 20 minutes after dance opens.
PLEASE CALL 4 HRS AHEAD IN CASE OF INCLEMENT WEATHER.



OYSTER BAY
MAIN STREET
INVITES YOU TO THE 13TH SEASON OF

DANCING IN THE STREET!

Join us **Fridays** from **6:30pm to 9:30pm** in front of 74 Audrey Ave

JULY 5TH, 12TH, 19TH, & 26TH
AUGUST 2ND, 9TH & 16TH

NEW THIS YEAR: BLOCK PARTY ON AUGUST 2ND!

Enjoy a free evening of dancing under the stars with vendors, music and live demonstrations provided by a professional DJ!

SPONSORED BY: STELLINA HOSPITALITY:
SABRINA'S, THE WINE LINE, STELLINA RISTORANTE & STELLINA BAKERY



QUESTIONS? EMAIL INFO@OBMSA.ORG OR CALL 516-922-6982

The Argentine Viewpoint

Body Awareness

By Michael Ditkoff

Email Michael at: tangomaniac@optimum.net



Michael Ditkoff has taken ten years of private ballroom, latin, swing and hustle lessons; eight years of private Argentine Tango, Waltz and Milonga lessons; three years of Embodied Yoga to improve his frame, and six months of Alexander Technique to improve his posture. He was also a dance host on three cruise ships. Michael resumed playing the piano in July 2023, further sharpening his musicality.

A circus juggler needs constant focus on EVERYTHING. The juggler has to know the location of every ball and maintain sufficient speed to catch and release so that none hit the ground. Learning how to dance is just about the same. Dancers have to know much more than just steps, e.g. musicality, how to embrace, etc. (April 2018 issue.) But you can't learn everything at once or in one lesson. (I remember an event I was a dance host. I asked a group of women, "Who knows how to dance Cha Cha?" One woman said "I took a lesson." About twenty seconds into the dance, she realized that one lesson wasn't enough.

I didn't realize I had several bad habits that ruined my dancing. I was taught to look over the woman's right shoulder. Unfortunately, due to tension, my head was welded to my neck. When I turned my

head to the right, my upper body also rotated to the right. (My upper body is supposed to be parallel to my partner's body.) I remember Joe, my Argentine tango teacher, realigning my upper body to face the correct direction and the head moved in the same direction. Now my head was facing the wrong way. I wasn't aware of what I was doing because I didn't have body awareness. To gain body awareness, my teacher loaned his neck brace. It was a strange feeling but it actually separated my head from upper body. I turned my head without turning my torso. It was such a good teaching tool I actually went to a doctor to buy one. He thought it was so therapeutic he actually wrote a prescription and submitted it to my insurance company. The company actually paid the deductible, and I paid the co-pay! (Now if I could only get them to pay for dance lessons.)

As strange as it may sound, my walking was terrible. I didn't realize I walked with my feet pointed inward or "pigeon toed." This greatly impacted my pivoting because I couldn't maintain my balance. I had to pay more attention. When I walked to my office in Washington, DC from Union Station, I'd stop walking to see which way my feet were pointed. During the elevator ride to the 5th floor, I stared at my feet to see if I collected my weight, and my feet were together.

-More next month-

Italian Charities of America



JULY 6 & 20

DOORS OPEN AT 7PM | DANCE 8PM TO 12AM

DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Hot Buffet, Dessert, Coffee & Tea. Cash bar available. Door prizes and 50/50 raffle. \$25 at the door or \$22 for dance members. Become a dance member the night of the dance!

Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building.

For more information call 718-478-3100 or email: italiancharitiesofamerica@gmail.com

Italian Charities of America, Inc.
A 501c3 Non-Profit Organization
83-20 Queens Blvd. Elmhurst, NY 11373
www.italiancharities.org

Like us on Facebook: www.facebook.com/italiancharitiesofamerica
Follow us on Instagram: [@italiancharitiesofamericainc](https://www.instagram.com/italiancharitiesofamericainc)





**QUEENS
BALLROOM
DANCE**



**Social Dance Everyday!
2pm-6pm**

**Also Wednesday and Friday
Nights 7pm-10pm**

**Group lessons
before every social!**

**Price varies \$12 - \$15 pp
unless a special party is booked**

32-17 College Point Blvd Flushing Queens

646-420-7875



134th Weekend Getaway

Friday - Sunday
September 13th - 15th, 2024

Villa Roma Resort
365 Villa Roma Rd
Callicoon, NY 12723

Rates start at
\$670 per person

Based on double occupancy for 3-day/2-night weekend.

All Inclusive (excluding tax)

Add Thursday Night for an additional

\$185 pp double occupancy • \$200 single occupancy

DEPOSIT:
\$150 PER PERSON

Friday Evening
Theme

Dirty Dancing

Stardust Favorite DJs

Michelle & Bob Friedman | Ballroom
 Harry Trinidad | Latin • Maria Valentino | Argentine Tango
 Lou Brockman | West Coast Swing/Hustle/California Mix



Eight to The Bar Band



Roman & Hanna Prymachok
Latin & Ballroom



Luis Ramirez
& Analia Carreño
Argentine Tango

Your All Inclusive Weekend Package Includes:

- 3 Day / 2 Nights Stay at Resort
- 7 Meals • 5 Course Dinner
- Open Bar Cocktail Party
- Wine/Champagne Reception
- Over 50 Dance Workshops with Our Top Instructors
- Night & Day Dancing to 4 Great DJ's
- Dancing During Lunch & Dinner
- Top Night Club Entertainment
- Your Choice – Separate Dance Facilities for Latin, Ballroom, Argentine Tango & West Coast Swing/Hustle/California Mix
- Meet-and-Greet Thursday & Friday Arrivals

Special Thursday Night Rate

- Singles Mixer Thursday Night (Couples are Welcome)
- Happy Hour • Dinner / Dancing • Workshops
- Friday - Breakfast & Lunch

World Class Entertainment

Luis Ramirez & Analia Carreño - Argentine Tango
 Roman & Hanna Prymachok - Latin & Ballroom

Dance Instructors

Edgar Osorio, Lou Brockman, Heather Gehring, Joyce Henderson
 Linda Leverock, Christopher Crevatas, Taryn Rucinski, Maria Valentino,
 Luis Ramirez & Analia Carreño, Roman & Hannah Prymachok

Band

Eight to the Bar

Fitness Instructors

Molly Gelsomino, Jennifer Van Etten

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November 15-17

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Produced by: Edgar Osorio, CEO Stardust Dance • Justine Scully, Operations Manager

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June 5

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June 12

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June 26

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July 3

Fireworks Show on the Lake
with The 70s Band

July 10

Krush

July 17

Justice & VHS Cover Band

July 24

Entourage

July 31

Where Stars Collide

Aug 7

Guilty Pleasures &
Spinderella & The Posers

Aug 14

The Legendary Murphys

Aug 21

70's Rock Parade

Aug 28

12X and Naked Truth

Sept 4

20 Highview



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The Agony of De-Feet

By Keith Happ

My observation dance frame is very much needed. "Toe dancing is a dandy attention getter, second only to screaming." Agnes de Mille.

Recently I went out to dance at a few places near me. The dance teachers at these venues failed to teach frame, lead and follow. The women I danced with either had a weak frame or no clue what frame work is. There were one or two with decent frame but that's it. I am used to dancing with a woman with good frame and who knows how to follow my lead. During the lessons I've danced with women who have no frame and don't know the difference between an inside turn and an outside turn. Some of them just do the move the way they think it is being taught and, to be honest, I don't even have to be there. I could leave the floor and they would go through the move like a robot. As annoying as that is I chose to look at the bright side. Now I know who not to dance with. I have discovered that rotation in a dance lesson is good for weeding out the good dancers from the bad one.

I don't want to go off on a rant but, way too often I hear dance teachers say things such as, "Learning to dance is like building a house, you need a strong foundation. Foundation is key". But they fail to teach this foundation. They fail to teach frame. Don't get me wrong there are teachers out there that do teach and enforce frame, but there are not enough of them. In the dance halls that I attend frame, lead, follow and dance floor etiquette are words without meaning.

What most people are totally unaware of is that a solid frame is beneficial to your health. It is better for your back, it builds up strength in your arms, and prevents men from stepping on a woman's feet. In the movie Dirty Dancing Patrick Swayze said, "This is my dance space. This is your dance space. I don't go into yours, you don't go into mine. You gotta hold your frame." These are just not lines from the movie. This is what real dancers do - we hold our own frame. When I watch people copy the NY City Rockettes kick line, they are doing it wrong. That is one of the biggest problems with today's dancers. They look at a dance move and attempt to imitate. If you take the time to fully observe the kick line you will see that the ladies are not touching each other. They are holding their individual dance frames.

Now I am not a fan of Fox Trot. Personally I think the dance is broken. Two step now that dance is fun. It only travels down L.O.D. unlike the Fox Trot and the Ballroom Waltz. The Country Waltz and the Two-Step only travel progressively down LOD. For those who aren't following this, let me explain. The Ballroom Waltz and Fox Trot dancers travel down line of dance, go in to the center of the dance floor, and then back to line of dance but are going clockwise, then counterclockwise down LOD. I have also seen dancers cut straight across the center of the dance floor. Before I learn Ballroom Waltz and Foxtrot I first need to take a defensive dance class. Unfortunately, country dancing is now 99.99% line dancing with a very poor attempt at couples dancing. To be perfectly honest, even their line dancing is poor, hell

it's not even in lines. Plus in today's country dancing they no longer dance to music, they dance to songs. How sad is that.

If we don't try to improve our social dance skills more and more dancers will be injured. Our social dancing skills are critical for the next generation of dancers. It is not what we say but, what we do or don't do. If we say don't walk across the dance floor with food or drinks, and then do so, what are we teaching those who observe us? Our social skills define us.

Dancing without frame, lead, follow and etiquette is eventually going to cause injuries. Dancers need to be aware of their surroundings. Dancers need to be aware of other dancers. You are not the only one dancing. Leads, your partner is not a rag doll. Followers, please work on your frame. If a man steps on a woman's feet while dancing it is because she allowed him to. If a woman didn't want her feet stepped on she would improve her frame. Poor frame is also related to knee, foot, ankle and hip and unnecessary stress fractures of the metatarsal, tibia, sesamoids and lumbar spine injuries.

If you are not going to put in the work to improve your frame you can at least move your feet faster than I can step on them.

Teal the next dance
K.A.S.H.



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July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

MONDAY JULY 1

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Smooth (W, T, F). www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

TUESDAY JULY 2

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Beginners Fun Group! 7PM Social Bronze Level working on School Figures 1-3 & Line Dances. Geared to the brand new students! All levels welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

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New York City

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DANCES

Greenlawn

Join your friends for DJ and Dancing at Swing Dance Long Island's Tuesday Swing Dance at the Huntington Moose Lodge, 631 Pulaski Rd. Lesson at 7:30pm, Pizza Night. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

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Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour práctica! Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 2

WEDNESDAY JULY 3

CLASSES

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. Complementary lesson with Rosalie Keane from 6:30pm-7pm www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

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Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 5

THURSDAY JULY 4 *Happy Independence Day!*

FRIDAY JULY 5

CLASSES

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 14

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Oyster Bay

Main Street in front of 74 Audrey Avenue. Oyster Bay Main Street invites you to the 12th season of Dancing in the Street! 6:30pm to 9:30pm. Enjoy a FREE evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Ad pg 10

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$15pp includes coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

SATURDAY JULY 6

CLASSES

New York City

CENTRAL PARK TANGO with Audrey (by the Shakespeare Monument) For info text Audrey: 347-581-6952. Ad pg 14

DANCES

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot buffet and Dessert. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash bar available. Price increase: \$25 at the door and \$22 for dance members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 9

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

SUNDAY JULY 7

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CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing 845-977-3482. Ad pg 4

Melville

Dance with Lourdes Cruz at The DancXchange Dance Studio, 290 Broad Hollow Rd. 3pm Argentine Tango, 4pm West Coast Swing, 5pm Bachata (Must RSVP). 845-977-3482. Ad pg 4

MONDAY JULY 8

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

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Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

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TUESDAY JULY 9

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Farmingdale

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New York City

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WEDNESDAY JULY 10

CLASSES

Melville

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DANCES

Deer Park

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Merrick

Join us for our July Sizzling Dansant at the Merrick Golf Course -2550 Clubhouse Rd. (9E Meadowbrook)- \$10pp don. 1:30 - 4:30PM - Bagels, variety of cream cheese, coffee, tea, cake, Bring your friends or make new ones, Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Bring your partner or students. Private Lessons Available. Private Lessons Available. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

THURSDAY JULY 11

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing. 845-977-3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vicale at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

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FRIDAY JULY 12

CLASSES

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 14

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. 7:30pm Cha Cha Mini Lesson and Dance 8PM-10:30PM with Lourdes! Social Dance Mix with Music by DJ Gene & Joanne. Complimentary lesson with Rosalie Keane. \$20pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Friday Night Soiree and Dance of the Month. Group Lesson is Salsa at 7PM. Dance Party 8PM-10PM. We will be changing partners. All welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Massapequa

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SATURDAY JULY 13

DANCES

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Lake Ronkonkoma

Ballroom & Latin Dance Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, Desserts, Raffles, Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

SUNDAY JULY 14

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Hollis Hills, Queens

Dance With Me at Hollis Hills Jewish Center 210-10 Union Turnpike. Music by DJ Andrew. 5pm-9pm. 4:30-5pm line dance with Davi. Complimentary Hot and Cold Buffet, dessert and coffee. Raffle & Door Prizes. \$25.00 Per person. Call Nancy for reservations 516-587-4330. Ad pg 5

MONDAY JULY 15

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

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Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

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July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

TUESDAY JULY 16

CLASSES

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Greenlawn

Join your friends for Band Night with Playing Favorites at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. Swing Lesson at 7:30pm, Band performs at 8pm. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

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WEDNESDAY JULY 17

CLASSES

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

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Huntington

Swing Dance Night at Industry Lounge & Gallery, 344 New York Ave. 7-8pm Lesson and 8:30-11:30pm open dance with LIVE MUSIC by The Haymakers! For more information email info@industrymakers.art Ad pg 4

Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Socia Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 5

THURSDAY JULY 18

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing. 845-977-3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vicale at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

FRIDAY JULY 19

CLASSES

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 14

DANCES

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 8

Merrick

Join us for our July Sizzling Dansant at the Merrick Golf Course -2550 Clubhouse Rd. (9E Meadowbrook)- \$10pp don. 12:45 - 3:45PM - Bagels, variety of cream cheese, coffee, tea, cake. Private Lessons Available. Make new friend, Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Bring your partner or students. Singles and Couples. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises..718 332-7825 or email dancezee@aol.com. Ad pg 4

Oyster Bay

Main Street in front of 74 Audrey Avenue. Oyster Bay Main Street invites you to the 12th season of Dancing in the Street! 6:30pm to 9:30pm. Enjoy a FREE evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Ad pg 10

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$15pp includes coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

SATURDAY JULY 20

CLASSES

New York City

CENTRAL PARK TANGO with Audrey (by the Shakespeare Monument) For info text Audrey: 347-581-6952. Ad pg 14

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. The Long Island Legends Dinner Show. 7PM-11:00PM \$50 Per Person includes: Show, dancing, hot dinner buffet, beer, wine and soda. Cash bar. Raffles!! RSVP by July 15. Contact Karen: 631-943-3622 www.sonsofitalyLI.com. Ad pg 3

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot buffet and Dessert. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash bar available. Price increase: \$25 at the door and \$22 for dance members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 9

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

SUNDAY JULY 21

CLASSES

Melville

Dance with Lourdes Cruz at The DancXchange Dance Studio, 290 Broad Hollow Rd. 3pm Argentine Tango, 4pm West Coast Swing, 5pm Bachata (Must RSVP). 845-977-3482. Ad pg 4

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

MONDAY JULY 22

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Smooth (W, T, F). www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

TUESDAY JULY 23

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Beginners Fun Group! 7PM Social Bronze Level working on School Figures 1-3 & Line Dances. Geared to the brand new students! All levels welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Bachata, 11am West Coast Swing. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:00pm-8:00pm: Advanced Hustle, 8:15pm-9:15pm: Country Two Step (Open Level). www.donnadesimone.us. 516.375.8498. Ad pg 7

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 14

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Greenlawn

Join your friends for DJ and Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. Drop-in lesson with Carol Fraser 7:30pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour práctica! Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 2

July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

WEDNESDAY JULY 24

CLASSES

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd.
7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West
Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an
Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene
& Joanne. www.sonsofitalyLL.com. 516-991-3208. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm
and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and
club style music is played by our DJ. No partner necessary! Call for pricing.
Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

THURSDAY JULY 25

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy.
11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing. 845-977-
3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vicale at Little Mexico 3253 Horseblock
Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. For more
information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow
Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us.
516.375.8498. Ad pg 7

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College
Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club
style music is played by our DJ. Call for pricing. No partner necessary! Info:
646-389-5068. www.queensballroom.dance. Ad pg 10

FRIDAY JULY 26

CLASSES

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W
46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212)
262-9554. Ad pg 14

DANCES

Farmingdale

Barney & Debbie's Dance Obsession Hawaii Luau! 18 Hempstead Tpke SALSA
group at 7PM - \$15. 8pm-10pm - \$25 pp in advance, \$30 at the door. Dress
Festive. Sodas, Bottled Water, Chips, Punch, Appetizers, Light Fare, Coffee &
Dessert. Take Group & Party - \$35. www.DanceObsession.com. (516) 753-
2121. Ad pg 7

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm
and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and
club style music is played by our DJ. No partner necessary! Call for pricing.
Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Greenlawn

Donna DeSimone's DancXchange Club Night at Greenlawn Moose Lodge 631
Pulaski Rd. Hustle, WCS, Country Two step, Latin & Smooth. Doors open for
student practice at 6:45pm. Free Hustle lesson 7:15pm-8pm. Open dancing
8pm-11pm. You can not bring drinks into hall, bar but you can bring your own
food & snacks. Masks optional, not required. Contact Donna for table reser-
vations for 6 to 10 people \$20pp cash at the door. www.donnadesimone.us.
516.375.8498. Ad pg 7

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd.
8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music!
Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step
Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts,
50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at
516.385.1720. Ad pg 8

Oyster Bay

Main Street in front of 74 Audrey Avenue. Oyster Bay Main Street invites you
to the 12th season of Dancing in the Street! 6:30pm to 9:30pm. Enjoy a FREE
evening of dancing under the stars with music and live demonstrations provid-
ed by a professional DJ! Ad pg 10

SATURDAY JULY 27

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College
Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club
style music is played by our DJ. Call for pricing. No partner necessary! Info:
646-389-5068. www.queensballroom.dance. Ad pg 10

Lake Ronkonkoma

Ballroom & Latin Dance Dancing at The Waterfalls Ballroom, 400 Cassata Ave.
Hosted by Valerie, 7pm-11:00pm, \$20pp, Desserts, Raffles, Singles & Couples.
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tions, info or reserve a table. Ad pg 5

SUNDAY JULY 28

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College
Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club
style music is played by our DJ. Call for pricing. No partner necessary! Info:
646-389-5068. www.queensballroom.dance. Ad pg 10

Westbury

Argentine Tango Lovers at Mielle's 170 Post Ave. 7:30pm-11pm. Monthly
Milonga! DJ Mauricio Galarzo. Dancing & dinner. Carolina Jaurena and Andres
Bravo performing!! Learn Argentine Tango from Martin Almirón, Iakov Shonsky
and Eran Polat! There will be Taxi Dancers Eran Polat and Norman Hinstroza
for the ladies and gents - please call ahead to secure!! Adm. \$30 per person.
Reserve your table for six or more with Carmen at 631- 266-3691. Questions?
Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org
Ad pg 2

July 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

MONDAY JULY 29

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Smooth (W, T, F). www.DanceObsession.com. (516) 753-2121. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

TUESDAY JULY 30

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Beginners Fun Group! 7PM Social Bronze Level working on School Figures 1-3 & Line Dances. Geared to the brand new students! All levels welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am West Coast Swing. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:00pm-8:00pm: Advanced Hustle, 8:15pm-9:15pm: Country Two Step (Open Level). www.donnadesimone.us. 516.375.8498. Ad pg 7

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 14

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Greenlawn

Join your friends for Band Night with Nick Palumbo & The Flipped Fedoras at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. Swing Lesson at 7:30pm, Band performs at 8pm. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour practical! Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 2

WEDNESDAY JULY 31

CLASSES

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Huntington

Swing Dance Night at Industry Lounge & Gallery, 344 New York Ave. 7-8pm Lesson and 8:30-11:30pm open dance with LIVE MUSIC by The Haymakers! For more information email info@industrymakers.art Ad pg 4

Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Socia Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 5

Merrick

Join us for our July Sizzling Dansant at the Merrick Golf Course- 2550 Clubhouse Rd. (9E Meadowbrook)-\$10pp don. 1:30 - 4:30 PM Bagels, variety of Cream Cheese, coffee, tea, cake. Private Lessons Available. Bring your friends. or make new ones. Largest Ballroom Hardwood Dance Floor in LI. Strict Tempo Music. Bring your partner or students. Singles and Couples. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

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Dance to the Sounds of DJ Ray Oldies Nights

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Dance with DJ Pedro Ballroom Mix

Spotlight Studio
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Italian Charities of America Saturday Night Dances

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www.italiancharities.org

Michelle Vicale's FREE Latin Classes

www.latinballroomlessons.com
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dates at the following venues:
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3253 Horseblock Rd. Medford, NY 11763

Nick & Pearl's Society Tempo Grand Kismet Dances

Merrick Golf Course Dansant
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Merrick, NY 11566
718.332.7825
Email: dancezee@aol.com

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845.794.4982
www.StardustDance.com

Swing Dance Long Island

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Greenlawn, NY 11740
631-476-3707
www.SDLI.org

Swing Dancing at Industry

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www.industrymakers.art

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631-581-8509 or 631-487-3203
Email: valmdance@yahoo.com

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Please join The Dance Calendar's **FACEBOOK GROUP** Unlike a Facebook page, a group is an interactive space to post and share events in a community feed, to chat with other members, to seek dance partners, and to even sell your dance related items!!